



LifeNet-Network for Mutual Inspiration between Earth and Humanity

Meditation of the Month December 20th 2017 – January 20th 2018 –
Proposed by Marko Pogačnik and LifeNet

SUPPORTING THE QUANTUM LEAP OF THE EARTH

The LifeNet (Lebensnetz) movement was founded at the threshold of the new millennium with the intent that there would be an open group of people that would consciously and wholeheartedly support the risky path of Gaia towards a basically new level of the Earth's evolution. Since humanity in the distant past has decided to develop upon "her" planet, also we, human beings cannot avoid the incoming change.

It was clear to the LifeNet founders from the beginning on that at least six dimensions need to be added to the usual 3D reality to reach the new space and time horizon upon which the future development of the Earthly cosmos is taking place. To bring in the needed experience of the extended reality the art of geomancy was rediscovered and with it the knowledge of the multidimensional space and time reality.

But the knowledge and practice of geomancy is not sufficient if not the new horizon of Gaia's evolution is reached that usually is identified with the level of the heart. Yet the new horizon is not linear in its essence, so one single level is not sufficient. This is the reason why the below meditation introduces a triple quantum leap including the essence of the Earth, the temple of the belly region and the level of the heart.

1. Be fully present in your body, mind and spiritually also.
2. Imagine that you sit upon the fractal (holographic piece) of the Earth globe. It is the gift of Gaia to you individually given in the moment of your birth so that you can be grounded in her essence.
3. Go with your hands to the centre of the Earth globe (with the help of your individual Earth fractal) and take from there a tiny pebble of the Earth's substance.
4. Throw it upwards with a clear gesture of your hand so that your personal elemental being can perceive it.
5. The pebble falls silently into the pond of your belly space. Imagine that within your belly cave there is a pond of crystal clear water. Observe how the pebble slowly drowns to reach the bottom of the pond. What does this process tell you?
6. The touch of water is important so that the quantum leap can be felt and experienced.
7. Now go with your hand into the water of the pond and take that pebble. Throw it upwards with a clear gesture of your hand so that your personal elemental being can perceive it.
8. Imagine that also within your heart space there is a pond of crystal clear water. Observe how the pebble slowly drowns to reach the bottom of the pond. What does this process tell you, where does it bring you?
9. Recuperate the experience and share it like waves with the world around you.

In the name of LifeNet, Lebensnetz, VITAAA and other subjects of our network:
Conscious and joyful leap into the New (Year)!