



## **LifeNet-Network for Mutual Inspiration between Earth and Humanity**

**Meditation of the Week December 18<sup>th</sup> – December 25<sup>th</sup> 2012 Proposed  
by Marko Pogačnik and LifeNet – Network for Mutual Inspiration  
between Earth and Humanity**

### TO GIVE GAIA BACK THE RING OF POWER

At one point in the course of evolution of the free and individualized human being we started to concentrate the power over the Earth and its evolutions in our hands. The results are good and bad. We learned a lot concerning the laws of life and got to know the boundaries of our creativity.

On the other hand we caused a large and multilayer destruction of the Earth's environments and life kingdoms. The learning class is finished. Before the destructive trends become irreversible, we should return the Ring of Power to Gaia, the soul of the Earth. Gaia is the spiritual authority capable to properly deal with its creative powers of the "blue planet". Let us do this ritual individually for the highest good of humanity as the whole.

- Be aware of the Ring of Power in your body. It sits upon the sphere of your solar plexus just under the diaphragm.
- Imagine taking the Ring into your hands, and perform the corresponding gesture.
- Carry the Ring out of your body and let it slowly fall down towards the core of the Earth. It falls through different layers to go through the process of transmutation and final annihilation.
- The first layer it falls through is the airy space below your hands, i.e. the region of the Air element.
- It is followed by the layers of Earth, Water and Fire elements. Watch the transformation process while the Ring is falling through the layers of the four elements!
- Afterwards the Ring falls through the spaces of the inner Earth. There is the possibility that still some powers exist there that do not want the human race to become free of the usurped power. Be strong in your decision to return the Ring of Power back to Gaia. You may ask archangel Michael for help or use the transmuting power of the violet ray. Be creative!
- Make sure that finally the Ring of Power be dissolved in the pure light of the Earth core.
- Than listen to the possible answer of the Mother of Life and let all other beings of your environment enjoy it.

Blessings on the New Year 2013!

I suppose that there is no need to do the above meditation more than few times, maybe even once is enough.

This is why I propose two more meditations, that can be done during this important week. Tonight I had two clear dreams urging me to propose to our group two imaginations to be done in this period. The second one should be done even beyond its time frame.

I was made aware of two tasks that should urgently be performed to secure a smooth and successful transition from one cosmic cycle to the other:

1. The spirit of the old cosmic cycle has to be released in dignity. If this would not be done, there would be a constant pressure to continue the path of the evolutionary cycle in the old way.
2. The connection with the core of the Earth has to be held alive during the days of transition. If there would not be a group of people holding the focus related to the centre of the Gaia's universe, the direction towards the new cycle could be lost.

Meditation one:

- Be aware of the spirit of the old cycle that was for millennia governing the path of our evolution in so far it is linked with the Earth planet. Make a gesture of thanks related to its past service to life.
- Lead the omnipresent spirit of the old age from the vastness of the planetary sphere towards one single bright point of its implosion, positioned in front of you. Going through the point of implosion its powers and its consciousness becomes free to return to the background of the universe and to rest.

Meditation two:

Remember during the days ahead few times a day to create following imagination:

- Follow your vertical axis down to the core of the Earth. Be present there for a while through your attention.
- Then let this same axis become a channel through which Gaia can send its light and love to you, the life upon the planet and to the universe.